

combinebh.org

September 23, 2022

Respectfully submitted to: House PBHHS members, House H&I members, Senate HHS members Sponsors of revised Mental Health Practice Act

COMBINE represents over 100 Medicaid mental healthcare clinics and providers and advocates for a diverse, sustainable, and competent Medicaid mental healthcare workforce. Currently the IPN (Independent Provider Network) provides more care than all of the CMHC Centers combined.

Two of our members are military veterans who put in hard work to open clinics, and who's livelihoods are now threatened by policy changes. <u>Read Adrea Nicole Zaleski's letter here.</u> and <u>read Kim Muhlenbruch's letter here.</u>

We are concerned about new rules proposed by the RAEs and HCPF which will create more restrictions on the workforce during a mental health crisis.

These rules pertain to requirements to act as a clinical or administrative supervisor for university interns or pre-licensure externs.

In the last year, COMBINE worked with Colorado Access, the RAE for Denver and Aurora, to pilot an 'endorsement' process where clinics were approved to allow university interns and pre-licensure externs to provide Medicaid counseling services, which the other RAEs (United Healthcare, Anthem, Beacon) had all allowed.

This endorsement process, which requires production of various supervision policies and procedures, was reasonable, and dozens of clinics expanded their Medicaid services to include Denver and Aurora members.

What was presented to the workforce by HCPF in July was not the same, nor were requested revisions made before the policy was again presented last week. This policy is again under review and will be presented September 29.

Generally we are concerned that the RAEs, both for-profit and nonprofit, are at arms-length from legislative oversight and are given free rein over the counseling workforce.

The revised Colorado <u>Mental Health Practice Act</u> put in place supervision requirements which are regulated by DORA. These legislated standards included education and practice experience. The state's General Assembly debated and agreed on specific standards.

We are particularly concerned about two changes in the new HCPF/RAE standards:

- Providers may not supervise until they are two years post-licensure.
- Providers may not supervise until two years after a DORA stipulation ended.

Both of these proposed changes will impact the workforce, reducing opportunities for early career counselors to receive supervision, and prohibiting qualified professionals from working.

To illustrate, in Colorado no person can obtain a full counseling license (LPC, LMFT, LCSW) in less than two years, although many candidates take longer. So the proposed standard would only allow workers with more than 4 years experience at minimum.

This is contrary to the will and the letter of the General Assembly, who agreed that supervisors must have,

"Three years OR 3,000 hours <u>post-degree</u> clinical expertise as a counselor;"

There are second career counselors with human service backgrounds who are ready to supervise three years after graduation, which is the legal requirement passed by the General Assembly.

This supervision standard, established by law, is essentially ignored in the proposal by the RAEs and HCPF.

Additionally, DORA's stipulation process, which is a possible result of a grievance, is arduous and complete. Typically three to five years, a provider in this process may be found by DORA to be safe to supervise. The decision properly rests with DORA.

We ask that you contact Cristen Bates, HCPF and the managed care organizations that operate the Medicaid mental health care system.

Cristen Bates, HCPF Medicaid Director Kari Snelson, Northeast Health Partners, RAE 2 Patrick Fox, Anthem (CCHA) RAE 6 & 7 Megan Taylor, United Healthcare (Rocky Mountain Health Plan) RAE 1 Dr. Rob Bremer, Colorado Access, RAE 3 & 5

cristen.bates@state.co.us, kari@nhpllc.org, patrick.fox@anthem.com, meg-taylor@uhc.com, Robert.Bremer@coaccess.com

Here is a sample message:

"Please support the Medicaid members and their providers by aligning your supervision standards with the existing law for experience required to supervise, and please respect DORA's expertise in determining if a conditionally licensed person may supervise."

In regards, the undersigned clinicians and clinic directors:

Yakitta Renfroe., MA., LPC., EMDR-t., CCTP Owner, New Beginnings Therapy & Healing, Inc Chairperson of the Board, COMBINE

Faith Holloway MA, LPC, NCC Clinical Director and Supervisor, Denver Affordable Counseling Secretary of the Board, COMBINE

Faith Halverson-Ramos, MA, LPC, MT-BC Owner, SoundWell Music Therapy, PLLC Treasurer of the Board, COMBINE

Carlos Villafan, LPC, PsyD Candidate Owner, Mind Renewal Behavioral Health Services CCHA Meeting Committee Chair, COMBINE

Andrew Rose, Director Boulder Emotional Wellness, Boulder Legislative Committee Chair, COMBINE

Adrea Nicole Zaleski, Clinical Director Zia Healing and Wellness, Colorado Springs

Teresa Powers, Clinical Director Therapy EmPowers, Littleton

Kimberly (Kim) M. Muhlenbruch MS, NCC, LPC-S, She/Her Owner, Clinical & Executive Supervisor SOBT Therapy, LLC ~ The Start of a Better Day

Dr. Reo Leslie, Jr., LMFT, LPC, LAC, MAC, RPT-S, ACS CEO and School Director, The Colorado School for Family Therapy, Aurora

Marta Puchalla, LMFT Owner, Clinical and Managing Partner The Family Center of Colorado Springs, PC

Gayle E. Christensen, LCSW Owner, Clinical and Managing Partner The Family Center of Colorado Springs, P.C.

Amanda Woodard, MA, LPC ACS, Clinical Director, CEO Original Path Counseling, Centennial

Jeremy Rogers, Owner Colorado Motion, Colorado Springs

Haley Wise, MS, LPC, Owner The Compassion Collaborative, LLC Colorado Springs

Renae Helms, MA, LPC, LAC, Owner, Clinical Director Adaptive Therapy Solutions, Colorado Springs

Sybil Cummin, MA, LPC, ACS Owner and Clinical Director Arvada Therapy Solutions, PLLC

Lindsay Millspaugh, MSW, LCSW Owner, Clinical Director, Therapist Higher Sights Counseling, LLC, Denver, CO

Stephanie Small, LCSW Owner, Stephanie Small Inc. and Las Lobas del Corazon, Boulder Xander Burgess LPC, LMFT A Phoenix Rising, LLC - Owner

Reaca Pearl, MA LPC LIMHP PC Owner, Healing Through Connection Gilpin County

Darcy Cole, MSW, LCSW Owner, Fusion Behavioral Health

Amanda Turecek, LMFT, LAC Owner and Executive DIrector, RAFT Counseling

Karla Yates, LCSW Executive Director, Mayfield Counseling Centers

Mary Bunge, CPPM Candidate Practice Manager, The Center For Cognitive Health

Laura Stuart, MA, LPC Owner/Supervisor/Therapist, Aspire Counseling Denver, Inc.

Bailey Westerfield Anderson MA, LPCC Licensed Professional Counselor Candidate, The Center For Cognitive Health

Chase Tucker, MA, LPC, NCC, ESMHL Owner/Therapist, Instinctive Counseling, LLC Lakewood

Harmonie Kerkow, MS, LPCC Therapist at Zia Healing and Wellness, Colorado Springs, CO.

Lexi Ellis, MA, LPC Owner, Clinical Director, Therapist - Into Freedom Counseling, LLC Colorado Springs

Adam Skinner, MA, LPC Therapist at All-Terrain Behavioral Health Group

Hailey Gloden, MA, LPCC, NCC School-Based Therapist-Mindsight Health, LLC

Andrea Spencer, MS, LPCC, MFTC Therapist at Zia Healing and Wellness, Colorado Springs, CO

Katie LaCombe, MA, LPCC Therapist at All-Terrain Behavioral Health Group Colorado Springs, CO

Cathy Wilson, LPC, ACS LifePaths Counseling Center, Littleton, CO

Misha Grodt, MA LPC Owner/therapist at Luminance Counseling and Wellness Services PLLC Denver, CO Vanda Dyson Student MS Mental Health Counseling, Walden University, Golden, CO

Settie Phillips, LPC Luma Psychotherapy, LLC - Owner